



Charting Your Course for Personal Development: Setting Goals

Adapted from Leading Leaders: Inspiring, Empowering, and Motivating Teams by Mickey Addison (<http://www.lulu.com/spotlight/mickeyaddison>).

1. Write three core values that define who you are:

2. How do you best communicate with those who work for you and/or with you? Your boss? (e.g. in writing, in private, in a group, verbally, etc.)

3. How do you best communicate with family? (e.g. family gatherings, notes, gifts, physical affection, etc.)

4. Who are your “customers?” Whom do you serve?

5. What is the most important characteristic of your organizations product or service? (Or your family, marriage, volunteer work etc.)

6. Describe your “top 3” pet peeves:

7. Describe 1-3 things you wish you could do better, or flaws you wish you could correct.

8. Describe 2-5 things you had on your “goal” list last year that you didn’t do. Then place a “check” next to those things you still want to accomplish.

9. In ten words or less, write a sentence that describes the type of person you’d like to be.

10. Where do you see yourself in 5 years?

Reflecting on what you wrote above, write 3-5 goals below. Be sure your goals represent the kind of person you'd like to become, work on correcting flaws you've identified, constructively address your "pet peeves", and help you along the way to becoming the person you'd like to be (questions 9 & 10).

My Goals for 2017

- 1. _____

- 2. _____

- 3. _____

- 4. _____

- 5. _____
